

# Traditions at Solana Calendar

# OCTOBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> 10:00 Morning Exercise 10:30 First Monday Meeting 1:00 Afternoon Exercise 1:30 Bookmobile: 1 <sup>st</sup> Floor 1:30 Game Time 2:00 St. Pius 3:30 Happy Hour	<b>2</b> 10:00 Morning Exercise 10:30 Bingo 1:00 Afternoon Exercise 2:30 Watercolors with Elizabeth OR Make It/ Take Tuesday 3:30 Baking with Essence	<b>3</b> 10:00 Morning Exercise 10:30 Shopping at Walmart 10:30 Sensory Circle 1:00 Afternoon Exercise 1:30 Solana Cinema: Jurassic World 3:30 Happy Hour	<b>4</b> 10:00 Morning Exercise 10:30 Forum for You: Introduction 1:00 Afternoon Exercise 1:30 Bingo 3:00 Manicures 6:00 Uno Card Game	<b>5</b> 10:00 Morning Exercise 10:30 St. Matthew's 1:00 Afternoon Exercise 1:30 Connections: What's in a name? 3:30 Happy Hour	<b>6</b> 10:00 Morning Exercise 10:45 Moments & Memories 1:30 Super Saturdays: Trivia 3:30 Bingo
<b>7</b> 10:00 Morning Exercise 10:45 Bible Study 1:30 World Travels Snack & Chat: Introduction 3:30 Craft Corner	<b>8</b> 10:00 Morning Exercise 10:30 Discussion Group 1:00 Afternoon Exercise 1:30 Bookmobile: 2 <sup>nd</sup> Floor 1:30 Fashion Chat 2:00 St. Pius 3:30 Happy Hour	<b>9</b> 10:00 Morning Exercise 10:30 Jewelry Making 1:30 Tai Ji (2 <sup>nd</sup> Floor) 2:30 Make It/Take It Tuesday 3:30 Recipe Round-up	<b>10</b> 10:00 Morning Exercise 10:30 Shopping at Trader Joe's 10:30 Sensory Circle 1:00 Afternoon Exercise 1:30 Solana Cinema: TBA 3:30 Happy Hour	<b>11</b> 10:00 Morning Exercise 10:30 Forum for You: TBA 1:00 Afternoon Exercise 1:30 Bingo 3:00 Manicures 6:00 Bridge	<b>12</b> 10:00 Morning Exercise 10:30 St. Matthew's 11:00 Shopping at 5 Below & Dollar Tree 1:00 Afternoon Exercise 1:30 Connections: Round- Robin Puzzles 3:30 Happy Hour	<b>13</b> 10:00 Morning Exercise 10:45 Moments & Memories 12:00 Super Saturdays: IU Football vs. Iowa 3:30 Bingo
<b>14</b> 10:00 Morning Exercise 10:45 Bible Study 1:30 World Travels Snack & Chat: New York 3:30 Craft Corner	<b>15</b> 10:00 Morning Exercise 10:30 Discussion Group 11:00 Lunch Club: Steak 'n Shake 1:00 Afternoon Exercise 1:30 Bookmobile: 3 <sup>rd</sup> Floor 1:30 Book Club: Organizational Meeting 2:00 St. Pius 3:30 Happy Hour	<b>16</b> 10:00 Morning Exercise 10:30 Bingo 1:00 Afternoon Exercise 1:30 Resident Council 2:30 Make It/Take It Tuesday 3:30 Baking with Essence	<b>17</b> 10:00 Morning Exercise 10:30 Shopping at Kroger 10:30 Sensory Circle 1:00 Afternoon Exercise 1:30 Solana Cinema: TBA 3:30 Happy Hour	<b>18</b> 10:00 Morning Exercise 10:30 Forum for You: TBA 1:00 Afternoon Exercise 1:30 Bingo 3:00 Manicures 6:00 Gin Rummy	<b>19</b> 10:00 Morning Exercise 10:30 St. Matthew's 1:00 Afternoon Exercise 1:30 Connections: Cake Walk 3:30 Happy Hour	<b>20</b> 10:00 Morning Exercise 10:45 Moments & Memories 1:30 Super Saturdays: An American Experience, DVD 3:30 Bingo

<p><b>21</b></p> <p>10:00 Morning Exercise  10:45 Bible Study  1:30 World Travels  Snack &amp; Chat:  Buffalo, NY  3:30 Craft Corner</p>	<p><b>22</b></p> <p>10:00 Morning Exercise  10:30 Discussion Group  1:00 Afternoon Exercise  1:30 Bookmobile:  Memory Care  1:30 Coloring &amp;  Conversations  2:00 St. Pius  3:30 Happy Hour</p>	<p><b>23</b></p> <p>10:00 Morning Exercise  10:30 Bingo  1:30 Tai Ji (2<sup>nd</sup> Floor)  2:30 Make It/Take It  Tuesday  3:30 Recipe Round-Up</p>	<p><b>24</b></p> <p>10:00 Morning Exercise  10:30 Shopping at Meijer  10:30 Sensory Circle  1:00 Afternoon Exercise  1:30 Solana Cinema:  TBA  3:30 Happy Hour  4 – 6 Solana  Spook-tacular!</p>	<p><b>25</b></p> <p>10:00 Morning Exercise  10:30 Forum for You:  TBA  1:00 Afternoon Exercise  1:30 Bingo  3:00 Manicures  6:00 Texas Hold'em</p>	<p><b>26</b></p> <p>10:00 Morning Exercise  10:30 St. Matthew's  11:00 Butler University  Art Gallery  1:00 Afternoon Exercise  1:30 Connections: Map  it!  3:30 Happy Hour</p>	<p><b>27</b></p> <p>10:00 Morning Exercise  10:45 Moments &amp;  Memories  1:30 Super Saturdays:  Fall Table  Decorations  3:30 Bingo</p>
<p><b>28</b></p> <p>10:00 Morning Exercise  10:45 Bible Study  1:30 World Travels  Snack &amp; Chat:  Oakland, CA  3:30 Craft Corner</p>	<p><b>29</b></p> <p>10:00 Morning Exercise  10:30 Discussion Group  1:00 Afternoon Exercise  1:30 Local Artist  Showcase  2:00 St. Pius  3:30 Happy Hour</p>	<p><b>30</b></p> <p>10:00 Morning Exercise  10:30 Bingo  1:00 Afternoon Exercise  2:30 Make It/Take It  Tuesday  3:30 Baking with  Essence</p>	<p><b>31</b></p> <p>10:00 Morning Exercise  10:30 Shopping at Aldi  10:30 Sensory Circle  1:00 Afternoon Exercise  1:30 Solana Cinema:  TBA  3:30 Happy Hour</p> <p style="text-align: center;"><b>H A L L O W E E N</b></p>			

**First Monday Meeting** (Chapel): Join us in the Chapel on the 3<sup>rd</sup> Floor for a preview of the upcoming month's events and activities! You'll have the opportunity to go ahead and sign up for anything you'd like to attend and share ideas for the following month.

**Make It/Take It Tuesdays** (3<sup>rd</sup> Floor): Come to the 3<sup>rd</sup> Floor Activity Area for a "make and take" experience! We'll try lots of different things: terrariums, latch hook, T-Shirts, whatever we can think of. Join us to see what YOU can do!

**Sensory Circle** (3<sup>rd</sup> Floor Activity Area): LISTEN up! SMELL a change in the air? SEE any changes? HEAR all about your senses as we TOUCH on one each week! Varied activities will be presented.

**Solana Cinema**: On Wednesdays at 1:30 PM, we'll show a recently run movie in the Solana Cinema on the 1<sup>st</sup> Floor. Join your neighbors for popcorn, soda, and a movie!

**Forum for You** (Chapel): After breakfast, feed your brain with this educational and informative forum. Each week we'll invite a member from the community to speak with us about their area of expertise; if you have a topic of interest, please be sure to share it with Sara!

**Connections** (3<sup>rd</sup> Floor Activity Area): On Fridays, feel free to participate in the Connections activity. Let's get to know one another and really build a sense of community!

**Moments & Memories** (3<sup>rd</sup> Floor Activity Area): Here's your chance to talk about everyone's favorite topic: YOU! Reminisce about the good ol' days and create new memories with your neighbors, and don't forget to invite your family to join in the discussion!

**Super Saturdays** (3<sup>rd</sup> Floor Activity Area): Each Saturday will feature a different gathering – be sure to keep an eye on your calendar so you don't miss out on the fun!

**World Travels Snack & Chat** (3<sup>rd</sup> Floor Activity Area): Join us as we travel around the world via sharing our experiences! This month will feature the cities our Indianapolis Colts are playing against in football. Have a memory or souvenir from the featured city? Be ready to share! Are YOU from there? Even better!