




Traditions at Solana Calendar

May 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Location Key:</p> <p>3F = 3rd Floor Activities Area FC = Fitness Center, 2nd Floor T = Theater, 1st Floor CH = Chapel, 3rd Floor ML = Main Lobby CR = Club Room, 1st Floor BS = Beauty Salon, 2nd Floor DR = Dining Room PDR = Private Dining Room</p>	<p>May Birthstone</p> <p>Emerald</p>  <p>Thought to improve memory, faith, and intuition, emeralds are a symbol for constancy and true affection. Some cultures believe them to grant their owner foresight, good fortune and youth. The name emerald is derived from the Greek word 'smaragdus' meaning 'green'.</p>	<p>May Birth Flower</p> <p>LILY OF THE VALLEY</p> <p>The Lily of the Valley symbolizes sweetness, humility, purity and hope. If your birth flower is Lily of the Valley: You are a beautiful person. You are known for your practical attitude towards life. You handle difficult situations very well. Your friends consider you as a sweet person.</p> 	<p>1</p> <p>10:00 AM Exercise (3F) 10:30 Shopping at Walmart 1:00 Walking Club (ML) 1:30 Solana Cinema: (T) 2:00 Solana Store (3F) 3:30 Happy Hour: (CR) 5:30 Movie (T)</p>	<p>2</p> <p>10:00 AM Exercise (3F) 10:30 Forum: Seasons Hospice (T) 1:00 Ageless Grace (3F) 1:00 Jump! Presentation (Theater) 2:00 Bingo (CR) 3:00 Walk Through History: "The West," Ep. 7 (T) 3:30 Solana Store (3F) 5:30 Movie (T)</p>	<p>3</p> <p>10:00 AM Exercise (3F) 10:30 St. Matthew's (CH) 11:00 Bingo & Lunch at MCL Cafeteria (RSVP Required) 1:00 Walking Club (ML) 2:00 Knitting & Crochet Circle (3F) 3:30 Happy Hour: First Friday Fun! (CR) 5:30 Movie (T)</p>	<p>4</p> <p>Kentucky Derby Day 10:00 AM Exercise (3F) 10:30 Saturday Morning Classic Movie (T) 1:00 Mexican Train Dominoes (CR) 3:00 Bingo (3F)</p>
<p>5</p> <p>Cinco de Mayo 10:00 AM Exercise (3F) 11:00 Sunday Sermon on TV (T) 1:00 Kitchen Creations (CR) 3:00 Celebrate Cinco de Mayo! (CR) 5:30 Movie (T)</p>	<p>6</p> <p>10:00 AM Exercise (3F) 10:30 Solana Store (3F) 11:00 Open Art (3F) 1:00 Dance with Deniesha (CR) 2:00 St. Pius (CH) 3:30 Happy Hour (CR) 4:00 Connections Group: Validation Therapy (MC)</p>	<p>7</p> <p>10:00 AM Exercise (3F) 10:30 Bingo (3F) 1:30 Make It/Take It Tuesday: (CR) 3:00 Walk Through History: "The Mayo Clinic" (T) 3:30 Bible Study (CH) 5:30 Movie (T)</p>	<p>8</p> <p>10:00 AM Exercise (3F) 10:30 Music Means Movement (3F) 12:30 Depart for Indiana Grand Casino (RSVP Required) 1:00 Walking Club (ML) 1:30 Solana Cinema: Get Smart (T) 2:00 Solana Store (3F) 3:30 Happy Hour: Steven Ray Robbins (CR) 5:30 Movie (T)</p>	<p>9</p> <p>10:00 AM Exercise (3F) 10:30 Forum: TBA (T) 2:00 Bingo (CR) 3:00 Walk Through History: "American Masters: Ted Williams" (T) 3:30 Solana Store (3F) 4:00 Volunteer Group: (3F) 5:30 Movie (T)</p>	<p>10</p> <p>10:00 AM Exercise (3F) 10:30 Shopping at Goodwill (RSVP Required) 10:30 St. Matthew's (CH) 1:00 Walking Club (ML) 2:00 Knitting & Crochet Circle (3F) 3:30 Happy Hour (CR) 5:30 Movie (T)</p>	<p>11</p> <p>10:00 AM Exercise (3F) 10:30 Saturday Morning Classic Movie (T) 1:00 Mexican Train Dominoes (CR) 3:00 Bingo (3F) 5:30 Movie (T)</p>
<p>12</p> <p>Mother's Day 10:00 AM Exercise (3F) 10:30 Moms & Mimosas (CR) 11:00 Sunday Sermon on TV (T) 1:00 Kitchen Creations (CR) 3:00 Sunday Stroll (ML) 5:30 Movie (T)</p>	<p>13</p> <p>10:00 AM Exercise (3F) 10:30 Solana Store (3F) 11:00 Open Art (3F) 1:00 Dance with Deniesha (3F) 2:00 St. Pius (CH) 3:30 Happy Hour: Dave Laskey (CR) 5:30 Movie (T)</p>	<p>14</p> <p>10:00 AM Exercise (3F) 10:30 Bingo (3F) 1:30 Resident Council (CR) 2:00 Food Chat (CR) 3:00 Walk Through History: "The Wheelchair President," Ep. 1 (T) 3:30 Bible Study (CH) 5:30 Movie (T)</p>	<p>15</p> <p>10:00 AM Exercise (3F) 10:30 Shopping at Tuesday Morning 10:30 Watercolors with Elizabeth (3F) 1:00 Walking Club (ML) 1:30 Solana Cinema: Solo: A Star Wars Story (T) 2:00 Solana Store (3F) 3:30 Happy Hour: Dennis Glander (CR) 5:30 Movie (T)</p>	<p>16</p> <p>10:00 AM Exercise (3F) 10:30 Forum: TBA (T) 1:00 Ageless Grace (3F) 2:00 Bingo (CR) 3:00 Walk Through History: "The Wheelchair President," Ep. 2 (T) 3:30 Solana Store (3F) 4:00 Resource Group: Tornado Preparation & Safety (3F) 5:30 Movie (T)</p>	<p>17</p> <p>10:00 AM Exercise (3F) 10:30 St. Matthew's (CH) 1:00 Walking Club (ML) 1:15 Mulberry Meadow Farm Tour (RSVP Required) 2:00 Knitting & Crochet Circle (3F) 3:30 Happy Hour: Jerri Williamson (CR) 5:30 Movie (T)</p>	<p>18</p> <p>10:00 AM Exercise (3F) 10:30 Saturday Morning Classic Movie (T) 1:00 Mexican Train Dominoes (CR) 3:00 Bingo (3F) 5:30 Movie (T)</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
19	20	21	22	23	24	25
10:00 AM Exercise (3F) 11:00 Sunday Sermon on TV (T) 1:00 Kitchen Creations (CR) 3:00 Sunday Stroll (ML) 5:30 Movie (T)	10:00 AM Exercise (3F) 10:30 Solana Store (3F) 11:00 Open Art (3F) 1:00 Dance with Deniesha (CR) 2:00 St. Pius (CH) 3:30 Happy Hour (CR) 5:30 Movie (T)	10:00 AM Exercise (3F) 10:30 Bingo (3F) 1:00 PM Exercise (3F) 1:30 Make It/Take It Tuesday (3F) 3:00 Walk Through History: "Amelia, A Tale of Two Sisters" (T) 3:30 Bible Study (CH) 5:30 Movie (T)	10:00 AM Exercise (3F) 10:30 Shopping at Kroger 10:30 Music Means Movement (3F) 1:00 Walking Club (ML) 1:30 Solana Cinema: About Time (T) 2:00 Solana Store (3F) 3:30 Happy Hour: Robin Harrison (CR) 5:30 Movie (T)	10:00 AM Exercise (3F) 10:30 Forum: TBA (T) 2:00 Bingo (CR) 3:00 Walk Through History: "Jackie, A Tale of Two Sisters" (T) 3:30 Solana Store (3F) 4:00 Depart for Garden Party at Ben Harrison House (RSVP Required) 5:30 Movie (T)	10:00 AM Exercise (3F) 10:30 St. Matthew's (CH) 1:00 Walking Club (ML) 2:00 Knitting & Crochet Circle (3F) 3:30 Happy Hour (CR) 5:30 Movie (T)	10:00 AM Exercise (3F) 10:30 Saturday Morning Classic Movie (T) 1:00 Mexican Train Dominoes (CR) 3:00 Bingo (3F) 5:30 Movie (T)
26	27	28	29	30	31	
10:00 AM Exercise (3F) 11:00 Sunday Sermon on TV (T) 1:00 Kitchen Creations (CR) 3:00 Sunday Stroll (ML) 5:30 Movie (T)	Memorial Day 10:00 AM Exercise (3F) 10:30 Solana Store (3F) 11:00 Open Art (3F) 1:00 Memorial Day Program (3F) 2:00 St. Pius (CH) 3:30 Happy Hour (CR) 5:30 Movie (T)	10:00 AM Exercise (3F) 10:30 Bingo (3F) 1:00 PM Exercise (3F) 1:30 Community Meeting (CR) 3:00 Walk Through History: "The Race Underground" (T) 3:30 Bible Study (CH) 5:30 Movie (T)	10:00 AM Exercise (3F) 10:30 Music Means Movement (3F) 10:30 Shopping at Target 1:00 Walking Club (ML) 1:30 Solana Cinema: The Hundred-Foot Journey (T) 2:00 Solana Store (3F) 3:30 Happy Hour: Steve Elston (CR) 5:30 Movie (T)	10:00 AM Exercise (3F) 10:30 Forum: TBA (T) 1:30 Sip & Paint; RSVP Required (CR) 3:00 Walk Through History: "Mission Control: The Unsung Heroes of Apollo" (T) 3:30 Solana Store (3F) 5:30 Movie (T)	10:00 AM Exercise (3F) 10:30 St. Matthew's (CH) 1:00 Walking Club (ML) 2:00 Knitting & Crochet Circle (3F) 3:30 Happy Hour (CR) 5:30 Movie (T)	<i>Remember our fallen heroes; they are the reason that we are free.</i> 
Calendar Legend: Activities: Open to everyone, including family members and guests. Exercise classes: Fitness-related activities, open to anyone unless otherwise indicated by a doctor. Off-Campus outings: Limited seating available on the bus; RSVP required at the Reception desk. Spiritual offering: Activities to enhance your spiritual well-being. Special Event: It's a special event!		<ul style="list-style-type: none"> • Times, locations, and programming subject to change due to unforeseen circumstances. • Please refer to the Daily Activities bulletin and LifeShare for updates and detailed information on activities. • Happy Hour entertainment will be updated & announced on Daily Activities bulletin & LifeShare as necessary. 	Notable Birthdays Bing Crosby – 5/3/1903 Audrey Hepburn – 5/4/1929 Orson Welles – 5/6/1915 Salvador Dali – 5/11/1904 Liberace – 5/16/1919 Peggy Lee – 5/26/1920 Bob Hope – 5/29/1903			Coming in June: <ul style="list-style-type: none"> • Baseball! • Father's Day • 5th Anniversary Party • Flag Day • IN Historical Society • "Beach" party! • Fairbanks Art & Nature Park