



Traditions at Solana Calendar

August 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Location Key: 3F = 3 rd Floor Activities Area FC = Fitness Center, 2 nd Floor T = Theater, 1 st Floor CH = Chapel, 3 rd Floor ML = Main Lobby CR = Club Room, 1 st Floor BS = Beauty Salon, 2 nd Floor PDR = Private Dining Room L = Library, 2 nd Floor			“This morning, the sun endures past dawn. I realize that it is August: the summer’s last stand.” – Sara Baume, A Line Made by Walking	1 10:00 AM Exercise (3F) 10:30 Kitchen Creations (CR) 1:00 Ageless Grace (3F) 2:00 Bingo (3F) 3:00 Walk Through History: (T) 3:30 Solana Store (3F) 6:00 Movie (T)	2 10:00 AM Exercise (3F) 10:30 St. Matthew’s (CH) 1:00 Arts & Crafts (3F) 3:30 Happy Hour (CR) 6:00 Movie (T)	3 10:00 AM Exercise (3F) 10:30 Saturday Morning Classic Movie (T) 1:00 Mexican Train Dominoes (CR) 3:00 Bingo (3F)
4 10:00 AM Exercise (3F) 11:00 Live Stream Sermon: Overcoming Church (T) 1:00 Sunday Stroll (ML) 2:00 Current Events and Coffee Chat (CR) 6:00 Movie (T)	5 10:00 AM Exercise (3F) 10:30 Solana Store (3F) 2:00 St. Pius (CH) 3:30 Happy Hour: Tom Wright (CR) 6:00 Movie (T)	6 10:00 AM Exercise (3F) 10:30 Bingo (3F) 1:30 Resident Council (CR) 2:00 Food Chat (CR) 2:30 Watercolors with Elizabeth (3F) 3:00 Walk Through History: (T) 6:00 Movie (T)	7 10:00 AM Exercise (3F) 11:00 Shopping at Trader Joes’s (RSVP Required) 1:00 Walking Club (ML) 1:30 Solana Cinema: (T) 2:00 Solana Store (3F) 3:30 Happy Hour (CR) 6:00 Movie (T)	8 10:00 AM Exercise (3F) 10:30 Kitchen Creations (CR) 2:00 Men’s Club (CR) 2:00 Bingo (3F) 3:00 Walk Through History: (T) 3:30 Solana Store (3F) 6:00 Movie (T)	9 10:00 AM Exercise (3F) 10:30 St. Matthew’s (CH) 1:00 Arts & Crafts (3F) 3:30 Happy Hour (CR) 6:00 Movie (T)	10 10:00 AM Exercise (3F) 10:30 Saturday Morning Classic Movie (T) 1:00 Mexican Train Dominoes (CR) 3:00 Bingo (3F)
11 10:00 AM Exercise (3F) 10:45 Live Stream Sermon: Crossroads Christian Church (T) 1:00 Sunday Stroll (ML) 2:00 Current Events and Coffee Chat (CR) 6:00 Movie (T)	12 10:00 AM Exercise (3F) 10:30 Solana Store (3F) 2:00 St. Pius (CH) 3:30 Happy Hour: Rick Matillo (CR) 6:00 Movie (T)	13 10:00 AM Exercise (3F) 10:00 State Fair (RSVP Required) 10:30 Bingo (3F) 1:30 Make It/Take It Tuesday: (CR) 3:00 Walk Through History: (T) 6:00 Movie (T)	14 10:00 AM Exercise (3F) 10:30 Music Means Movement (3F) 11:00 Marshall’s Shopping at Walmart (RSVP Required) 1:00 Walking Club (ML) 1:30 Solana Cinema: (T) 2:00 Solana Store (3F) 3:30 Happy Hour (CR) 6:00 Movie (T)	15 10:00 AM Exercise (3F) 10:30 Forum: (T) 1:00 Ageless Grace (3F) 2:00 Men’s Club (CR) 2:00 Bingo (3F) 3:00 Walk Through History: (T) 3:30 Solana Store (3F) 4:00 Resource Group: (CR) 6:00 Movie (T)	16 10:00 AM Exercise (3F) 10:30 St. Matthew’s (CH) 1:00 Arts & Crafts (3F) 3:30 Happy Hour: (CR) 6:00 Movie (T)	17 10:00 AM Exercise (3F) 10:30 Saturday Morning Classic Movie (T) 1:00 Mexican Train Dominoes (CR) 3:00 Bingo (3F)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18 10:00 AM Exercise (3F) 10:45 Live Stream Sermon: Eastern Star(T) 1:00 Sunday Stroll (ML) 2:00 Current Events and Coffee Chat (CR) 6:00 Movie (T)	19 10:00 AM Exercise (3F) 10:30 Solana Store (3F) 2:00 St. Pius (CH) 3:30 Happy Hour (CR) 6:00 Movie (T)	20 10:00 AM Exercise (3F) 10:30 Bingo (3F) 1:30 Community Meeting (CR) 3:00 Walk Through History: (T) 6:00 Movie (T)	21 10:00 AM Exercise (3F) 10:30 Watercolors with Elizabeth (3F) 10:30 Shopping at Tuesday Morning (RSVP Required) 1:00 Walking Club (ML) 1:30 Solana Cinema: (T) 2:00 Solana Store (3F) 3:30 Happy Hour: (CR) 6:00 Movie (T)	22 10:00 AM Exercise (3F) 10:30 Kitchen Creations (CR) 2:00 Bingo (3F) 3:00 Walk Through History: (T) 6:00 Movie (T)	23 10:00 AM Exercise (3F) 10:30 St. Matthew's (CH) 1:00 Arts & Crafts (3F) 3:30 Happy Hour (CR) 6:00 Movie (T)	24 10:00 AM Exercise (3F) 10:30 Saturday Morning Classic Movie (T) 1:00 Mexican Train Dominoes (CR) 3:00 Bingo (3F)
25 10:00 AM Exercise (3F) 10:45 Live Stream Sermon: Colonial Hills Baptist Church (T) 1:00 Sunday Stroll (ML) 2:00 Current Events and Coffee Chat (CR) 6:00 Movie (T)	26 10:00 AM Exercise (3F) 10:30 Solana Store (3F) 2:00 St. Pius (CH) 3:30 Happy Hour: (CR) 6:00 Movie (T)	27 10:00 AM Exercise (3F) 10:30 Bingo (3F) 1:30 Make It/Take It Tuesday (3F) 3:00 Walk Through History: (T) 6:00 Movie (T)	28 10:00 AM Exercise (3F) 10:30 Shopping at Meijer's (RSVP Required) 10:30 Music Means Movement (3F) 1:00 Walking Club (ML) 1:30 Solana Cinema: W. (T) 2:00 Solana Store (3F) 3:30 Happy Hour: (CR) 6:00 Movie (T)	29 10:00 AM Exercise (3F) 10:30 Bingo (3F) 1:30 Make It/Take It Tuesday (3F) 3:00 Walk Through History: (T) 3:30 Solana Store (3F) 6:00 Movie (T)	30 10:00 AM Exercise (3F) 10:30 St. Matthew's (CH) 1:00 Arts & Crafts (3F) 3:30 Happy Hour (CR) 6:00 Movie (T)	31 10:00 AM Exercise (3F) 10:30 Saturday Morning Classic Movie (T) 1:00 Mexican Train Dominoes (CR) 3:00 Bingo (3F)
Calendar Legend: Activities: Open to everyone, including family members and guests. Exercise classes: Fitness-related activities, open to anyone unless otherwise indicated by a doctor. Off-Campus outings: Limited seating available on the bus; RSVP required at the Reception desk. Spiritual offering: Activities to enhance your spiritual well-being. Special Event: It's a special event!		<ul style="list-style-type: none"> Times, locations, and programming subject to change due to unforeseen circumstances. Please refer to the Daily Activities bulletin and LifeShare for updates and detailed information on activities. Happy Hour entertainment will be updated & announced on Weekly Reminders & LifeShare as necessary. 		Notable Birthdays: AUGUST 6, 1911: LUCILLE BALL AUGUST 4, 1901: LOUIS ARMSTRONG AUGUST 15, 1912: JULIA CHILD AUGUST 13, 1899: ALFRED HITCHCOCK		