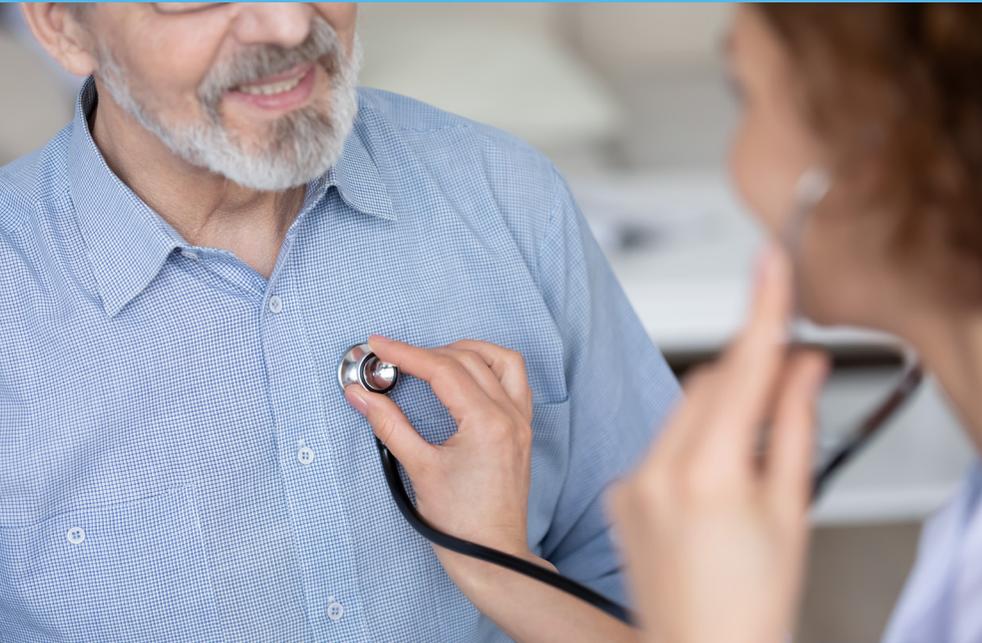


# Congestive Heart Failure EDUCATION PROGRAM



**WEDNESDAY  
MARCH 25, 2026  
11:00AM**

**VENUE:**  
TRADITIONS AT SOLANA  
Club Room  
7721 Battery Pointe Way  
Indianapolis, IN 46240



**TRADITIONS**  
at SOLANA



**Best Choice  
Home Care**



**GRACE  
AT HOME**

**FOR MORE INFORMATION  
PLEASE CONTACT:**

**Solana Receptionist  
(317) 860-0000**

## *Confidence Starts with Prevention*

Join us for our **Congestive Heart Failure (CHF) Education Program**, an informative and supportive seminar presented by **Best Choice Home Care** and focused on understanding CHF and reducing symptoms.

Learn about common symptoms, medications, heart-healthy diet tips, and when to notify nursing staff or health care provider. We'll also discuss daily habits like weight monitoring, low-salt eating, and important warning signs you shouldn't ignore.

Heart-healthy refreshments will be provided. Residents and their loved ones are encouraged to attend!