

Congestive Heart Failure EDUCATION PROGRAM



THURSDAY
APRIL 30, 2026
11:00AM

VENUE:
TRADITIONS AT SOLANA
Club Room
7721 Battery Pointe Way
Indianapolis, IN 46240


TRADITIONS
at SOLANA


Best Choice
Home Care


GRACE
AT HOME

FOR MORE INFORMATION
PLEASE CONTACT:

Solana Receptionist
(317) 860-0000

Confidence Starts with Prevention

Join us for our **Congestive Heart Failure (CHF) Education Program**, an informative and supportive seminar presented by **Best Choice Home Care** and focused on understanding CHF and reducing symptoms.

Learn about common symptoms, medications, heart-healthy diet tips, and when to notify nursing staff or health care provider. We'll also discuss daily habits like weight monitoring, low-salt eating, and important warning signs you shouldn't ignore.

Heart-healthy refreshments will be provided. Residents and their loved ones are encouraged to attend!