

Alzheimer's & Dementia EDUCATION PROGRAM



**TUESDAY
MAY 12, 2026
11:00AM**

VENUE:
TRADITIONS AT SOLANA
Club Room
7721 Battery Pointe Way
Indianapolis, IN 46240


TRADITIONS
at SOLANA

*Recognize the Signs.
Understand the Journey.*

Join us for our Alzheimer's & Dementia Education Program, an informative and supportive seminar presented by **360 Wellness**.

This session is designed to help you better understand Alzheimer's and dementia, including the signs and symptoms, what may be part of normal aging versus what could be cause for concern, and what to expect at each stage of the journey. We'll also share practical tips and strategies to help reduce risk and support overall brain health—for you or your loved one.

Brain-healthy refreshments will be provided.
Residents and their loved ones
are encouraged to attend!



**FOR MORE INFORMATION,
PLEASE CONTACT:**

**Solana Receptionist
(317) 860-0000**